

March is...

National Colorectal Cancer Awareness Month

“Attitude determines the ability for a positive transition”



Photo taken by: Kevin McCarthy

Over 50?
Family History?
Get screened!
3rd Most Common
Cancer

Visit www.screen4coloncancer.org to learn more.

Daniel Shockley, a Pearl City team member, turned 50 and got his first colonoscopy in 2012. Doctors found approximately 100 polyps and a large tumor. He underwent surgery and because of his decision to get screened and his positive attitude, he is now a survivor of the third most commonly diagnosed cancer. Shockley is now the only volunteer in the state of Hawai'i who is an active member of our nation's Colon Cancer Alliance. He was asked by the alliance to represent our state in requesting Governor Neil Abercrombie to sign a proclamation recognizing March as Colorectal Cancer Awareness Month. On February 27, 2014, it was signed and made official to begin on March 1, 2014. Here is his view on life:

Life is full of challenges that lead us to making a choice, react or respond. When life throws us a curve do we react or respond? By responding we have the opportunity to gather information in an effort to make a rational decision. If we react it may lead us to making a less than desirable decision.

By maintaining a positive attitude and responding it allows us the opportunity to overcome adversity.

I often reflect on the old cliché “You can lead a horse to water, but you cannot make it drink.” I once heard there is a flip side to this saying. You can influence a horse to drink the water by feeding it salt on the way. I refer to the “salt” in this expression as the resources we have around us that allow us to prepare ourselves when having to adapt to life's challenges.

In closing, I would like to add by maintaining a positive attitude the opportunity for a success story is much higher. I truly believe that having a positive outlook allows me to have a better chance of overcoming adversities that I am faced with during my lifetime.

–Daniel Shockley, City Mill Survivor